Volume 45, No. 32

Today February 23, 2016

Program Sheila Frahm – 40 Years of Public Service

Greeter: Joe Sovis Invocator: Paul Loomans

Next Meeting March 1, 2016

Program: Alma Cota de Yanez – Boys

Greeter: Orphanage

Invocator: Shawna Hansen

Last Meeting February 16, 2016

Visiting Rotarians --

John Helledy Glen Ellyn, IL
John Gruenemeir Rio Rico
Blaine Moyer Rio Rico

Diane Marshall Sault Ste Marie, CAN

Stan Black Loveland, CO

Guests -

Debbie Helledy John Helledy

Make-ups - none

Birthdays / Anniversaries -

26-Feb Benight Bob birthday

Raffle Update from February 16

Pot: \$156 Cards: 50

Club: \$2169 YTD



Bring a friend to lunch.

Paul Harris / Wine / Raffle Winners January Joyce Finkelstein Becky Roberts, Frank Coggins, Betty Maly Card Drawing Bill McGibbon Q♥ Wine Dave Polsky

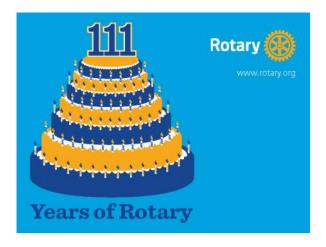
Duck Dash



John Gruenemeier and Blaine Moyer of the Rio Rico Club invited us to buy tickets (\$5) to their

Duck Dash fundraiser. Up to 1000 ducks will be launched into the Santa Cruz River up at Rio Rico, and the prize goes to the person whose duck goes the farthest. The Sahuarita Club had a similar event a few years back.

They also urged us to consider RLI – Rotary Leadership Institute. All 3 levels are being offered at PETS the first weekend in March, and then again May 7 in Tucson.



Coming Events

- Roz Sirota Memorial, February 28
- **PETS**, March 4-5
- Spring Bacchanal, April 9, West Center

Spring Bacchanal

Jill Leach and Paul Looomis, co-chairs of the 3rd fundraiser of the year, the Spring Bacchanal April 9 at the West Center,



need us to help find sponsors and donations for door prizes. Planning so far goes well and includes Arizona Family Restaurant as partner.

Maximizing Independence with Therapy



Cindy Levy is an occupational therapist with over 17 years of experience and is Supervisor of Outpatient Therapy at La Posada. She dispelled several myths about therapy and

discussed the benefits. We don't need a serious problem to seek therapy; it can be used as a "tune up" and to help with day to day challenges. Physical therapy isn't necessarily painful but can be used to ease pain and improve quality of life. Occupational therapy isn't about jobs but rather about the daily tasks like putting on shoes and socks that can become difficult late in life. Most speech therapy patients are adults who need help with language, memory, or swallowing disorders. While PT focuses on strength, endurance, and gross motor skills, OT focuses on coordination, range of motion, and fine motor skills.

The Rotary Club of Green Valley Board of Directors 2015–2016

President: **Katie Carter** President-elect: **Andy Heideman** President-nominee Julie Reppenhagen Secretary: Michael Pease Treasurer: **Becky Roberts** Past President: **Dick Roberts** Jack Carter Member **Marvin Hass** Member Member **Paul Loomans** Member Jill Leach

Charlie Reppenhagen

General Information

Member

- Frank Presson, District 5500 Governor (RC of Catalina, Tucson)
- Gary Friedman, ADG (RC of Valle Verde)
- Joyce Finkelstein, District Secretary (RC of Green Valley)

Club website: www.rotaryclubofgreenvalley.org Secretary email: gvrotary@yahoo.com

Green Valley Rotary Foundation Trustees: 2015—2016

Mary Jane Goodrick President Vice President Joyce Finkelstein Treasurer Al Saterbak Secretary Chris Ashcraft Club President **Katie Carter** Club Past President **Dick Roberts Nick Clement** Member Member Frank Coggins **Betty Behm** Member Member

Make-up Locations

On-line - <u>www.rotaryeclubone.org</u> <u>www.recswusa.org</u>

Wednesday @ 6:45 AM - Rio Rico Rotary Club, Rio Rico Golf Club - I-19 Exit 17 West

Wednesday @ 12:00 noon – Tucson Rotary Club, Double Tree Hotel, Alvernon

Thursday @ 6:45 AM - Valle Verde Rotary Club, GV Community Church - Esperanza at La Ca ada

Thursday @ 7:00 AM – Tucson Sunrise Rotary Club, Arizona Inn

Thursday @ Noon, Nogales Rotary Club, Americana Hotel

Friday @ 8:00 AM - Tubac Rotary Club, Tubac Country Club



Club President Katie Carter

Believe in yourself.

The Desert Wheel





Be a gift to the world

President – K.R. "Ravi" Ravindran Rotary Club of Colombo, Sri Lanka

The Rotary Club of Green Valley meets on Tuesdays @ 11:30 AM at the Grill on the Green 5800 S. Camino Del Sol Green Valley, AZ

P.O. Box 701 - Green Valley, AZ 85622

Editor: Michael Pease