

**Today** **March 21, 2017**

**Program:** *Martha Gebhardt – STEM in Local Schools*  
**Greeter:** Joe Potter  
**Invoker:** Mary Ann Paul

**Next Meeting** **March 28, 2017**

**Program:** *Steve Christy – Pima Co. Board Update*  
**Greeter:** Mary Jane Goodrick  
**Invoker:** Martha Reinbold

**Last Meeting** **March 14, 2017**

**Visiting Rotarians**

**Will Files** Homer, AK

**Guests –**

**Pat Pease** Michael Pease

**Birthdays / Anniversaries –**

**26-Mar** **Frahm Kenneth** birthday

**Make-ups –**

**Julie Reppenhagen** Presidents' mtg

**Raffle Update from March 14**

**Pot:** \$970

**Cards:** 32

**Club:** \$2169



**BRING A FRIEND  
TO LUNCH**

Paul Harris / Wine / Raffle Winners		
February	Larry Saint	
March	Becky Roberts, Andy Heideman	
Card Drawing	Bill McCreery	♠ ♣
Wine	Jill Leach	

**Current Events**



**Jill Leach** reminded us the 2<sup>nd</sup> Annual Spring Bacchanal fundraiser is this coming Saturday. Let's sell those tickets and sign up to help. The event is at the West Center, 3:30-6:30.

**Mary Jane Goodrick** told us that our Food Fight with Valle Verde Rotary, our competition to raise money for the Community Food Bank, is well under way, and she pointed out that pledges count.



**Marvin Hass**, our vocational chair, announced that this year's Community Service Above Self Awards will be at our April 4 meeting at the Coyote Grill. There are 7 candidates, and the mayor will attend as well.

**Coming Events**

- **Bacchanal Fundraiser**, March 25
- **District Conference**, April 28-30, Yuma
- **Club Leadership Assembly**, May 19, Sheraton-Tucson.

**February Haiku Winner**



**Mary Ann Paul**, one of our 3 Alaskan sojourners, won the haiku competition in February. The subject was bears:

*Poised below the falls  
She awaits the salmon run  
Her hunger to sate.*

This month's topic is space.

**SHiM**



**Chris Kang**, who became Executive Director of Valley Assistance Services in 2006 after 15 years in the health insurance industry, and **Chris Erickson**, an RN with experience in pediatrics, geriatrics, neurology and

trauma, spoke to the Club about the Safety and Health in Motion (SHiM) program, which aims at preventing falls and the injuries they can cause.

SHiM places a lot of emphasis on prevention, with teams that will visit the home to assess fall risks, tripping and safety hazards, and they provide night lights, bath tub treads, smoke alarms, and other safety equipment. The stats from CDC say that an older adult falls every second of every day, and 1 dies every day from a fall. Their program now has an evidence base thanks to the UofA and can apply for federal grants. Besides dealing with external hazards, they encourage vitamin D and exercise, citing recent CDC stats on the benefits of Tai Chi. Their best way to prevent falls is to keep both mind and body active.



## The Rotary Club of Green Valley

### Board of Directors 2016-2017

President:	<b>Andy Heideman</b>
President-elect:	<b>Julie Reppenhagen</b>
President-nominee	<b>Jill Leach</b>
Secretary:	<b>Michael Pease</b>
Treasurer:	<b>Becky Roberts</b>
Past President:	<b>Katie Carter</b>
Member	<b>Jack Carter</b>
Member	<b>Marvin Hass</b>
Member	<b>Paul Loomans</b>
Member	<b>Charlie Reppenhagen</b>
Member	<b>Bill McCreery</b>

### General Information

- **Sheryl Christenson**, District 5500 Governor (RC of Yuma Sunrise)
- **Joyce Finkelstein**, ADG (RC of Green Valley)

Club website: [www.rotaryclubofgreenvalley.org](http://www.rotaryclubofgreenvalley.org)  
Secretary email: [gvrotary@yahoo.com](mailto:gvrotary@yahoo.com)

### Green Valley Rotary Foundation Trustees: 2016-2017

President	<b>Mary Jane Goodrick</b>
Vice President	<b>Joyce Finkelstein</b>
Treasurer	<b>Paul Loomans</b>
Secretary	<b>Chris Ashcraft</b>
Club President	<b>Katie Carter</b>
Club Past President	<b>Dick Roberts</b>
Member	<b>Nick Clement</b>
Member	<b>Frank Coggins</b>
Member	<b>Jack Carter</b>
Member	----

### Make-up Locations

On-line - [www.rotaryclubone.org](http://www.rotaryclubone.org)  
[www.recswusa.org](http://www.recswusa.org)

**Wednesday @ 6:45 AM** - Rio Rico Rotary Club,  
Rio Rico Golf Club - I-19 Exit 17 West

**Wednesday @ 12:00 noon** – Tucson Rotary  
Club, Double Tree Hotel, Alvernon

**Thursday @ 6:45 AM** - Valle Verde Rotary  
Club, GV Community Church - Esperanza at La  
Cañada

**Thursday @ 7:00 AM** – Tucson Sunrise Rotary  
Club, Arizona Inn

**Thursday @ Noon**, Nogales Rotary Club,  
Americana Hotel

**Friday @ 8:00 AM** - Tubac Rotary Club, Tubac  
Country Club



Club President Andy Heideman

*Gosh darn it, you've  
got to be kind.*

# The Desert Wheel



Rotary

Club of Green  
Valley, AZ



**RI President – John F. Germ**  
**Rotary Club of Chattanooga,**  
**TN, USA**

The Rotary Club of Green Valley  
meets on Tuesdays @ 11:30 AM at the  
Grill on the Green  
5800 S. Camino Del Sol  
Green Valley, AZ

P.O. Box 701 - Green Valley, AZ 85622