

Today April 18, 2017

Program: Jill Leach – Paul Harris Video
Greeter: Martha Reinbold
Invoker: Julie Reppenhagen

Next Meeting April 25, 2017

Program: “Jack” Rowan and “Chet” Martin’s Laugh-in
Greeter: Will Files
Invoker: Charlie Reppenhagen

Last Meeting April 11, 2017

Visiting Rotarians

Pat Dwyer Watertown, CT

Guests –

Birthdays / Anniversaries –

24-Apr **McGibbon Bill** birthday

Make-ups –

Joyce Finkelstein Presidents’ Meeting

Raffle Update from April 11

Pot: \$1162
Cards: 28
Club: \$2457



Paul Harris / Wine / Raffle Winners

March	Bill McCreery	
April	Richard Moll, Becky Roberts	
Card Drawing	Bill Miller	J ♣
Wine	Joe Sovis	

Tears and Laughter

While the March haiku about lost love by Secretary **Michael Pease** might have evoked a few tears, it was the laughter that President **Andy Heideman’s** haiku provided that finally gave him the victory.



*There’s a lot of space
 Between the ears of
 those who
 Do not like my haiku.*

The topic for April is wide open.

Food Fight Results



Food Bank Director **Mary Jane Goodrick** let us know that although we gave more money than last year, we didn’t beat Valle Verde this year. The good news, of course, is that our 2 Clubs raised more than \$12,000 for our community food bank. Way to go, Rotarians!

Now if only our shared banner survived the fire down at Grill on the Green. I wonder if anyone has a record of which Club won each year.

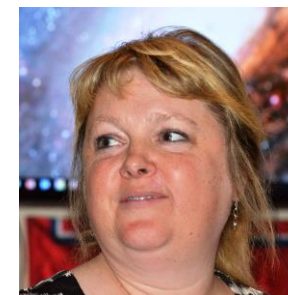
--INVITE A FRIEND--

Coming Events

- **District Conference**, April 28-30, Yuma
- **Club Leadership Assembly**, May 20, Sheraton-Tucson.

Balance Screening

We were visited again by **Chris Kang** and **Chris Erickson** from Valley Assistance Services. **Kang** has been VAS Executive Director since 2006, and **Erickson** is an RN with experience in geriatrics and neurology. Their goal was to demonstrate what’s involved in a balance screening, and they set up a chair and a



10-ft walking area over by the bar. They can do the same thing in a person’s home. The test required no more than getting up from the chair, walking the 10 feet, and walking back and sitting down. That was enough for observer/assistant

Marie McClure to assess any issues about balance and stability. Several of our members participated. During the tests they told us falls cost Medicare \$30 million each year, that 10,000 Americans turn 65 every day, and that 2.8 million are treated in ER’s for falls every year. They stressed the value of strengthening the mind-body connection with Tai Chi and exercise, and they discussed the impact of diabetes and arthritis on feet and balance. Those who use canes and walkers really need PT to be trained in the correct use of them. SHiM (Safety and Health in Motion) has served over 900 households since 2011. At the end of their presentation our Club presented them with a check for \$1000.



The Rotary Club of Green Valley

Board of Directors 2016-2017

President:	Andy Heideman
President-elect:	Julie Reppenhagen
President-nominee	Jill Leach
Secretary:	Michael Pease
Treasurer:	Becky Roberts
Past President:	Katie Carter
Member	Jack Carter
Member	Marvin Hass
Member	Paul Loomans
Member	Charlie Reppenhagen
Member	Bill McCreery

General Information

- **Sheryl Christenson**, District 5500 Governor (RC of Yuma Sunrise)
- **Joyce Finkelstein**, ADG (RC of Green Valley)

Club website: www.rotaryclubofgreenvalley.org
Secretary email: gvrotary@yahoo.com

Green Valley Rotary Foundation Trustees: 2016-2017

President	Mary Jane Goodrick
Vice President	Joyce Finkelstein
Treasurer	Paul Loomans
Secretary	Chris Ashcraft
Club President	Andy Heideman
Club Past President	Katie Carter
Member	Nick Clement
Member	Frank Coggins
Member	Jack Carter
Member	Dick Roberts
Member	Chet Davis

Make-up Locations

On-line - www.rotaryclubone.org
www.recswwusa.org

Wednesday @ 6:45 AM - Rio Rico Rotary Club,
Rio Rico Golf Club - I-19 Exit 17 West

Wednesday @ 12:00 noon – Tucson Rotary
Club, Double Tree Hotel, Alvernon

Thursday @ 6:45 AM - Valle Verde Rotary Club,
GV Community Church - Esperanza at La
Cañada

Thursday @ 7:00 AM – Tucson Sunrise Rotary
Club, Arizona Inn

Thursday @ Noon, Nogales Rotary Club,
Americana Hotel

Friday @ 8:00 AM - Tubac Rotary Club, Tubac
Country Club



Club President Andy Heideman

*Gosh darn it, you've
got to be kind.*

The Desert Wheel



RI President – John F. Germ
Rotary Club of Chattanooga, TN,
USA

The Rotary Club of Green Valley
meets on Tuesdays @ 11:30 AM at the
Arizona Family Restaurant
80 W Esperanza Blvd
Green Valley, AZ

P.O. Box 701 - Green Valley, AZ 85622